



Paso del Norte Children's Development Center



Paso Del Norte Children's Development Center Newsletter

34th Annual Transmountain Challenge

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Join us at the 34th Annual Transmountain Challenge October 9, 2011 benefitting Paso del Norte Children's Development Center. The Paso del Norte Children's Development Center endeavors to provide quality services to children with special needs and their families. We offer services such as an inclusive child development center, early

childhood intervention (ECI) program for infants through 3 years of age, community resource to include information and referral services, as well as other health care related services. You can register for the Half Marathon (competitive or non-competitive) the 5K Competitive Run or the 5K Walk Non-Competitive. Entry forms available at both Up

and Running Stores, 3233 N. Mesa Ste. 205 & 1475 George Dieter Ste. O or register online at: raceadventuresunlimited.com For more information contact Mike Coulter at (915) 274-5222 or coultermike@yahoo.com or Jaime Barceleau (915) 544-8484 or Jaime.barceleau@pdnchildrens.org



El Paso Project LAUNCH is pioneering new ways to promote young children's wellness. The target: children from birth through age 8. The goal: for all children to reach physical, social, emotional, behavioral, and cognitive milestones. Healthy growth in each of these areas prepares children to thrive in school and beyond. The project is funded by the federal Substance Abuse and Mental Health Services Administration (SAMHSA) and brought to you by Aliviane, the Border Chil-

dren's Mental Health Collaborative, and the Paso del Norte Children's Development Center. Over five years, the El Paso Project LAUNCH will work to expand the use of evidence-based practices, improve collaboration among children-serving organizations, and integrate physical and mental health services and supports for children and their families. In addition to providing direct services, the El Paso Project LAUNCH works to increase knowledge about healthy child development through cross-

disciplinary workforce development activities and public education. Paso del Norte Children's Development Center welcomes Amparo Peña, Parent Educator who will be conducting Parenting Sessions based on the "Incredible Years" Curriculum and Yahell Zuñiga, LMSW, who will be providing case management for families. For more information on dates for the Parenting sessions please contact Amparo Peña at 544-8484ext.356



TX Hands & Voices/ Guide By Your Side

Is a family support group that provides an unbiased support to families with children who are hard of hearing or deaf. This is a unique and free support service that comes from someone who has walked this path and can share from direct experiences and wisdom. The goal of the support group is to help families cope with their child's diagnosis and provide information to get them started and on the right track. For more information, please email Ana Rivera at arivera@txgbys.org or Debbie Kopp at dkopp@txgbys.org



Autism Community Network of El Paso

EVENTS

Films for Friends
October 15, 2011
@ Cielo Vista Mall

9:30 a.m.

\$5.50 Per Person

Featuring: "Dolphin Tale"

Superhero MOMS Night Out

When: October 21, 2011 at 7:00 p.m.

Where: Applebee's on Airway

Why: Because You Deserve it.

Family Meeting and Training

Presenter:

Dr. Eleizer Ben-Joseph, N.D, D.Sc.
M.D. (MA)

Natural Solutions and Autism

Tuesday October 25, 2011

Time: 5:30 p.m.-8:00 p.m.

Location: Vino Nuevo de El Paso
Church (East Campus)

988 Kessler Dr.

El Paso, TX 79907

\$3.00 Childcare donation

Children's activities and snacks
are provided and

Spanish Translation

For more information call

David Taylor at (915) 422-1358

Parent Support Group for Dads

Join us for a support group meeting for father's only on Thursday, October 27, 2011 from 5:30 p.m.-7:00 p.m. at Paso del Norte Children's Development Center 1101 E. Schuster Ave. El Paso, TX. Come and meet other dads of children with special needs. Fathers play an important role in the lives of their children and need to know that they are not alone. Dads are very important too! To RSVP or for more information please contact Norma Perez at (915) 544-8484 ext. 192



KETOGENIC DIET FOR SEIZURE CONTROL SUPPORT GROUP

The Keto diet is a high fat, adequate protein, and low carbohydrate diet that modifies the energy source of the body from glucose to fats and produces ketones in the blood which is theorized to penetrate the brain and stabilize seizure activity. The Ketogenic Diet must be implemented under a doctor's supervision. Two thirds of the children on the diet have seizure improvement. Come learn from other parents that have successfully implemented this diet.

Meeting date: Thursday, October 27, 2011 from 5:30 p.m.-7:00 p.m.

Call us to get more information at (915) 544-8484 and ask for Norma Perez or Gilda Lopez

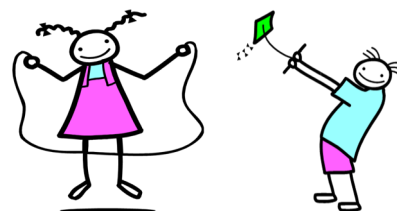


Parent's Night Out

Friday October 14, 2011

We will be providing free childcare for children with special needs on Friday, October 14, 2011 from 6:00 p.m.-9:00 p.m. at El Papalote Inclusive Child Development Center (1101 E. Schuster Ave.) Go out and have fun or run errands, while your children play and meet other children in a safe environment.

Cost for siblings: \$10.00 Please call us to RSVP Norma Perez or Gilda Lopez at 544-8484



If you have been looking for a support group for parents who have children diagnosed with Attention Deficit Disorder & Hyperactivity, we have good news for you...

The Children's Disabilities Information Coalition (CDIC) will be starting an ADD/ADHD Parent Support Group in July. Parents are invited to attend their first meeting on

Friday, October 14, 2011

Time: 6:00 p.m.-8:00 p.m.

at Paso del Norte Children's

Development Center

1101 E. Schuster Ave.

Free childcare for child with special needs. For more information or to RSVP call 217-2747

MORE COMMUNITY EVENTS

Leadership Academy for Families

Are you interested in doing the best you can for your child with special needs or disabilities? Would you like to know your rights and the rights of your child when you attend a special education meeting? Would you like to learn which social service agencies or programs might be able to help your child with special needs? We will answer these questions and more...

When: Monday and Wednesday for 7 weeks
October 24-December 7, 2011
Time: 9:00 a.m.-12:00 p.m.

Leadership Academy for Families Understanding ADD/ADHD

When: Fridays
October 21-December 9, 2011
Time: 9:00 a.m.-12:00 p.m.
Location: Paso del Norte Children's Development Center
1101 E. Schuster Ave.
El Paso, TX 79902

For more information call Isabel de Rubiera at (915) 544-8484 ext. 195

12th Chronic Illness and Disability Conference Transition From Pediatric to Adult-based Care Live Broadcast

When: Thursday October 20, 2011 and Friday October 21, 2011
Location: ESC Region 19
6611 Boeing Dr.
El Paso, TX 79925

**Parents and professionals are invited! Nursing and Social Work
CEU's will be provided**

**For more information or to RSVP please call (915) 544-8484
ext.192**

Texas Parent to Parent (TxP2P)

Come and Attend a Supporting Parent Volunteer Training!
Parents have a unique and valuable resource they can share with each other...Their experience!

"Having a child with special health care needs is a life-altering experience...but with the support of another parent we begin to see through the cracks and find joy in places we never could have imagined. Our journey continues, but this time we feel we will survive because we know another parent who has."

You can help families like yours by becoming a TxP2P Parent Volunteer! Meet Other Parents, Share your experiences, Get the support you need and Learn how to give that support to others

**Where: El Paso, Texas
Date: November 12, 2011
Time: 8:30 a.m.- 4:00 p.m.
Location: To Be Announced**

Call or e-mail to reserve your space...

E-mail: rosalba.calleros@txp2p.org Phone: 1-866-896-6001



Support Group Meetings

Mentes Brillantes (Spanish Support Group)

Next meeting **October 28, 2011 from 9:00 a.m.-12:00 p.m.** Call 544-8484 for more information.

Autism Society of El Paso-Meetings the second Tuesday of every month. Call Sonia Stephenson at 772-9100.

Support Group for persons with Down

Syndrome—for meeting times and dates contact Josefina Muñoz at 590-5315 or Ana Fuentes at 760-8793

Miracle Kids Support Group-Meetings every Friday from 9:00 a.m.-11:00 a.m. at the Center Against Family Violence at 580 Giles. Contact Alejandra Melendez at 858-0298 for info.

Support Group for Biomedical Interventions-

Spanish support group for parents of children with ADHD, PDD, Asperger, Fragil X, Autism, or any other person interested in learning about Biomedical interventions (diets and vitamin supplements).

Meeting-October 11, 2011 from 11:30 a.m.-2:00

p.m. For info. nfdett567 contact Angelica Bonilla at 881-4950 or Yvonne Neria (915) 252-3884

Down Syndrome Association of El Paso –

Support group to provide educational information and support for families and friends of individuals with Down Syndrome. For information contact Diana Reyes at (915)490-3337 or Jose Reyes at (915) 490-1566

SPD Support- an International Host of Network of parents and professionals who provide support, information and resources in their own communities to anyone living with Sensory Processing Disorder, or anyone wanting to learn more about SPD. We meet every third Wednesday of the Month at 6:30 p.m. at ECI (Early Childhood Intervention) 1477 Lomaland E-7. For more info. call 256-7783 or e-mail renatetx@att.net Website: www.spdsupport.org

Autism Community Network of El Paso

Meetings last Tuesday of each month. Contact David Taylor at (915) 422-1358

www.autismcommunitynetworkofelpaso.org

Rolling with Friends-Advocacy group of young adults with disabilities who have the desire to make a difference in their community despite the challenges they face. Many have gone to college and others are working towards their degrees. For more info. contact Norma Perez 915-544-8484

St. Pius X Special Needs Group— support group for individuals with special needs with the mission to improve the quality of life for individuals with special needs. For information on programs and meetings visit: www.stpiusxspecialneedsgroup.com

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Development Center
Newsletter**

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**Children's Disabilities Information Coalition
(CDIC) & El Paso County Sheriff's
Anti-bullying Coalition
1st Annual
"Stroll & Roll Out Bullying"**



Every day, more than 160,000 children nationwide stay home from school to avoid being bullied. Not only are the effects of bullying on a child felt immediately, but they can also be lifelong -or even tragic. That's why CDIC is inviting the community to support the cause at its first ever Stroll & Roll Our Bullying Fun Walk.

CDIC is the Community Parent Resource Center in El Paso Texas. The mission of CDIC is to help children reach their fullest potential and become valuable to their community. CDIC serves families through education and support.

1 Mile Walk
Date: Sunday,
October 16, 2011

Time: 8:00 a.m.
Location: Ascarate Park
\$1.00 Parking Fee
Early Registration- \$10.00
Race Day-\$15.00

On line registration:
www.cdicelpaso.org
For more information:
Call (915) 217-2747

