



# Paso del Norte Children's Development Center



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ADD/ADHD is a real mental disorder that starts in childhood. It can change the way children act, think, and feel. Nearly all children are overactive and inattentive at times, but for ADD/ADHD children and their families their behavior can be extreme and disruptive. ADHD is thought to affect between 3 and 5% of the school age population. In general ADHD is esti-

mated to be 3 or 4 times common in boys. When an accurate diagnosis is determined early in a person's life, it is easier to develop effective external monitoring strategies which can prevent secondary complications. If you have a child that has been diagnosed with ADD/ADHD and want to learn more about the diagnosis, treatment, strategies to help him/her at home, school,

make plans to attend our *Mental Health Parent Leadership Academy-Understanding ADD/ADHD*, starting Friday June 17– July 29, 2011 from 9:00 a.m.-12:00 p.m. (sessions on Fridays) at Paso del Norte Children's Development Center 1101 E. Schuster Ave. For more information or to register contact Isabel Rubiera at (915) 544-8484

### **“Autism Spectrum Disorders: Overview & Update” Seminar And Resources Fair for Children with Special Needs**

The Baylor College of Medicine and the Texas Children's Hospital are hosting a free Seminar and Resources Fair for families. Dr. Robin Kochel, will be covering the following topics: What we know about the early signs of autism spectrum disorders; What is included in a complete evaluation; Theories about the cause of autism spectrum disorders; Current treatments; and Resources for families.

SEMINAR:

DATE: Saturday, June 25, 2011  
 LOCATION: El Paso Community College, 9050 Viscount Blvd. El Paso, TX 79925 ASD Bldg. A  
 TIME: 9:30 a.m.-11:00 a.m.  
 Free, Registration is Required:  
 Online: [www.bcm.edu/eveninggenetics](http://www.bcm.edu/eveninggenetics) or call Susan Fernbach at 1-800-364-5437 Ext. 2-4182

RESOURCES FAIR

SAME DATE and LOCATION

TIME: 11:00 a.m.-2:00 p.m.

Free! No registration needed. Parents, teachers, health Professionals! Come find out about community organizations that give information about health, activities, support organizations and many other resources for children with special needs.

*This fair and seminar have been made possible by Title V funding awarded by the Texas Department of Sate Health Services.*



## Autism Community Network of El Paso

Presents:

### 1st Community Awareness Conference Improving Everyday Life for Special Needs

Date: June 10, 2011

Time: 8:00 a.m.-1:00 p.m.

Location: El Paso Community College Administrative Services Center Bldg "B"

9050 Viscount Blvd.

El Paso, TX 79925

Registration fee:

Parents/Students-\$15.00

Professionals-\$35.00

CEU's for Social Work and Professional Counselors

For more information contact

David Taylor at (915) 731-8866

e-mail: [acnofelp@gmail.com](mailto:acnofelp@gmail.com)

Early registration ends June 3, 2011 (\$5.00 late fee day of conference)

**Presenters:** Disability Rights Texas-Special Education Law

DADS-CLASS (Community Living and Support Services) Requirements, MDCP (Medical Dependent Children Program), Texas Tech- CLASS Case Management Overview

MHMR-Program Overview

Children's Information Coalition-Program Overview

## FEZZTER FITNESS

Is offering free Zumbatomic classes for children with autism

(must be accompanied by an adult)

Every Saturday at 11:00 a.m.

For more information contact Helena Morales at (915) 875-2204

E-mail:

[morales.helena67@hotmail.com](mailto:morales.helena67@hotmail.com)



## Parent Support Group for Dads

Join us for a support group meeting for father's only on Thursday June 16, 2011 from 5:30 p.m.-7:00 p.m. at Paso del Norte Children's Development Center 1101 E. Schuster Ave. El Paso, TX. Come and meet other dads of children with special needs. Fathers play an important role in the lives of their children and need to know that they are not alone. Dads are very important too! To RSVP or for more information please contact Norma Perez at (915) 544-8484 ext. 192



## Summer Intramural Camp

**When:** June-July

**For Who:** Children with Autism and their Siblings

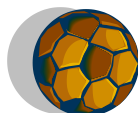
**Date:** Wednesdays

**From:** 6:00 p.m.-7 p.m.

**Location:** To be Announced



Intramurals can be fun and may help children with autism to interact and develop socially with other children. Parents interested in signing up their children with autism and their siblings or for more information on the Summer Intramural Camp can call Amber Mack at (915) 781-8444. Ms. Mack is a dedicated teacher and soccer coach at Chapin High School, who teaches and works with students in both general and special education. Ms. Mack has a great passion and interest in teaching and working with children with autism.



## Parent's Night Out

Friday June 10, 2011

We will be providing free childcare for children with special needs on Friday, June 10, 2011 from 6:00 p.m.-9:00 p.m. at El Papalote Inclusive Child Development Center (1101 E. Schuster Ave.) Go out and have fun or run errands, while your children play and meet other children in a safe environment.

Cost for siblings: \$10.00 Please call us to RSVP Norma Perez or Gilda Lopez at 544-8484



## Mark your Calendars!

Films for Friends

at Cielo Vista Mall

July 2, 2011

9:30 a.m.



\$5.50 Per person

Please join us for sensory/child friendly film experience!

At Cinemark Theater

at Cielo Vista Mall

This month's film will be

"Cars 2"

Lights will be turned up, music down, bring your own healthy snacks, singing and dancing is encouraged!

Everyone is Welcome!

For more info. call David Taylor 915-422-1358 or

Cynthia Cruz at 915-850-2827

## MORE COMMUNITY EVENTS



## Leadership Academy for Families

Are you interested in doing the best you can for your child with special needs or disabilities? Would you like to know your rights and the rights of your child when you attend a special education meeting? Would you like to learn which social service agencies or programs might be able to help your child with special needs? If you answered yes to any of these questions then, the Leadership Academy is for you. We cover these topics and more: Laws that protect individuals with disabilities. How to advocate for your child's rights. What you need to consider in preparing your child for adulthood.

Date: June 13-July 27, 2011 (Mondays & Wednesdays)

Location: Paso del Norte Children's Development Center 1101 E. Schuster Ave. El Paso, TX 79902

Time: 9:00 a.m.-12:00 p.m.

For more information contact: Isabel Rubiera (915) 544-8484

## Children's Disabilities Information Coalition Workshops



### ADD/ADHD 101

This course is designed to provide parents with information and guidance related to children and youth with Attention Deficit and Hyperactivity Disorder. Special emphasis will be placed on the educational needs and challenges facing these children in school.

Date: Wednesday, June 1, 2011

Time: 9:00 a.m.-12:00 p.m.

Please RSVP (915) 217-2747

sandra.gutierrez@cdicelpaso.org

### Beyond Early Childhood Intervention (ECI)

If your child is enrolled in Early Childhood Intervention (ECI) and is turning 3 years old, he/she might be referred to public school. We can provide information to help you implement an individualized plan for your child so that he/she will continue to receive services and programs. Learn what IEP's and ARD's are at our next meeting.

Date: Friday, June 17, 2011

Time: 10:00 a.m.-12:00 p.m.

Please RSVP (915) 217-2747

Fax: (915) 496-0751

Both trainings will be at Paso del Norte CDC

1101 E. Schuster Ave.

El Paso, TX 79902

## Support Group Meetings

### Mentes Brillantes (Spanish Support Group)

No Meetings June & July. Next meeting August 26, 2011 from 9:00 a.m.-12:00 p.m.. Call 544-8484 for more information.

Autism Society of El Paso-Meetings the first Tuesday of every month. Call Sonia Stephenson at 772-9100.

### Support Group for persons with Down

Syndrom—for meeting times and dates contact Josefina Muñoz at 590-5315 or Ana Fuentes at 760-8793

Miracle Kids Support Group-Meetings every Friday from 9:00 a.m.-11:00 a.m. at the Center Against Family Violence at 580 Giles. Contact Alejandra Melendez at 858-0298 for info.

### Support Group for Biomedical Interventions-

Spanish support group for parents of children with ADHD, PDD, Asperger, Fragil X, Autism, or any other parent interested in learning about Biomedical interventions (diets and vitamin supplements). Next meeting: **June 7, 2011 from 11:30 a.m-2:00 p.m.**

**No meeting in July.** For information contact Angelica Bonilla at 881-4950 or Yvonne Neria (915) 252-3884

### Down Syndrome Association of El Paso –

Support group to provide educational information and support for families and friends of individuals with Down Syndrome. For more information contact Diana Reyes at (915)490-3337 or Jose Reyes at (915) 490-1566

### SPD Parent S.H.A.R.E. Sensory Processing Disorder (SPD)-Support for children, adults and caregivers of Sensory Integration. Monthly meetings every third week of the month at different location in the city. Call Renate Garcia at (915)-256-7783 for more information.

for more information.

### Autism Community Network of El Paso

Meetings last Tuesday of each month at Loma Terrace Baptist Church 1005 Lomaland. Contact David Taylor at (915) 422-1358 or Cynthia Cruz for information in Spanish at (915) 850-2827

[www.autismcommunitynetworkofelpaso.org](http://www.autismcommunitynetworkofelpaso.org)

Rollin with Friends-support group for youth and young adults with special needs. Rollin with Friends was designed to reach out to youth and young adults with disabilities who want to be active members in their community. For information on meeting dates and times: 544-8484 ext. 192

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# Paso del Norte Children's Development Center Newsletter

1101 E. Schuster  
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## Finding the Right Camp for Your Child

Summer time is right around the corner. Yippee! Summer time means sunshine, sun-block and summer camp. So how do you choose the perfect camp for your child? First, don't assume that because a child has a special need that he or she must attend a specialty camp that is solely for children with special needs. Don't assume that because a camp doesn't list a particular special needs that your child can't attend. Many camps can in fact incorporate special needs into their program. Many camps follow the concept of inclusiveness, allowing those with special needs to not feel differ-

ent and helping those without special needs to be aware and accepting of those with needs. Make a list of your child's needs before contacting the camp. This will help you and the camp director work together as a team to create options that will best suit your child. To choose the ideal camp for your child take their strengths and challenges into account. Summer camp provides a good opportunity for kids to develop social skills, friendships, character, self-confidence, and self-esteem. Before you enroll your child make sure to visit the facility and take our child with you to see how they feel about it.

To find a local camp visit your nearest Recreation Center, Public Library, and websites such as: [www.epscene.com/summerfunguide](http://www.epscene.com/summerfunguide)

